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Channeled Meditation & Group Healing Energy



Join Andrew from Energy Awaken for an afternoon of channeled meditation, and participative group healing. The first hour will be comprised of introductions, a smudge, a short meditation, then a longer meditation. Andrew will often channel a loving energy called The Attendant which brings messages of Love and encouragement. The second hour of the workshop will be a group healing exercise. This time is dedicated to experiencing sacred space, personal growth and healing. Those new to finding their path and experienced travelers alike are welcome.



Ottawa Spiritual Pathways Centre
430 Churchill Ave. N.
November 25th. 2018
Suggested \$25 donation